Lighter Fare

GRANOLA PARFAIT House made granola, yogurt, honey and fresh seasonal fruit	10
SMOKED SALMON PLATE Lox, capers, red onion, cream cheese with a fresh bagel	14
AVOCADO TOAST One poached egg, half avocado, fresh sliced tomato and sprouts on a piece of alpine grain bread	14
COLD CONTINENTAL Selection of cereal, yogurt, bread, fruit, cured meats, cheese and pastries	16

Classics

BREAKFAST BAGEL Fried egg, bacon, tomato and sprouts on a toasted bagel served with skillet potatoes	13
SUMMIT BREAKFAST Two eggs, with a choice of three strips of bacon, sausage, ham or half an avocado with skillet potatoes	16
THREE EGG OMELET Ask your server for our daily special. Served with skillet potatoes and toast	16
HARRWOOD HASH BOWL 2 eggs on skillet potatoes, roasted onions, fresh vegetables, and bacon served with toast	16

Bennies

BLACKSTONE

2 poached eggs, grilled tomato and bacon on a fresh English muffin with house made hollandaise and skillet potatoes

WHITE WATER

2 poached eggs with sautéed spinach, lox and grilled red onion on a fresh English muffin, house made hollandaise and skillet potatoes

On the Sweet Side

DUTCH BABY

Giant oven-baked pancake topped with your choice of cinnamon apples and maple syrup, or fresh berries and whipped cream

CINNAMON SWIRL FRENCH TOAST

Fresh cinnamon swirl bread battered and grilled to golden with vanilla bean cream and warm maple syrup

Extras

Side of seasonal fruit	3	2 slices bacon	4
2 sausage	4	Fresh sliced tomato	3
Side of toast	3	Extra egg	3
Half an avocado	3	Skillet potatoes	3

Beverages

Soft drinks	3	Coffee	2
Juice	2	Tea	2

*Substitute a side of fresh fruit for skillet potatoes, no extra charge ** Substitute scrambled tofu for eggs at no extra charge We proudly serve Grade A free run eggs and locally made sausage, bacon and ham. All breads are baked fresh from Craig's Bakery in Kamloops

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